

PANINARO BREAKFAST

(Available from 9 to 11 am)

- | | Mkt. Rate |
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| ▣ FRESH FRUIT
Apple, Banana or Pear | |
| ▣ CEREAL & MILK
Choice of cereals with skim or full fat milk | 60 |
| ▣ BIRCHER MÜESLI
Rolled oats, sweetened milk, apple
and nuts | 100 |
| ▣ EGG & MAYO BAGUETTE
Fresh baguette with our special egg,
mayo and rocket salad | 80 |
| ▣ GRILLED MASALA OMELETTE BAGEL
Freshly baked bagel stuffed with a
masala omelette and grilled to perfection | 80 |



SALADS

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| ▣ POTATO SALAD
Creamy potato salad with garlic chives,
pickles and spring onions | 120 |
| ▣ CAESAR'S SALAD
Crisp farm fresh romaine and arugula
lettuce and parmesan cheese served with
our house special Caesar's dressing | 130 |
| ▣ COUS COUS SALAD
Couscous, shredded red cabbage, spring
onion, cucumber, olive and chick peas served
with a lemon and olive oil dressing | 130 |
| ▣ FRUIT 'N' NUT SALAD
Field greens, crisp apples and pears, raisins
and chopped almonds in a berry vinaigrette | 130 |





- **LENTIL & CRACKED WHEAT SALAD** 130
A balanced mix of lentils and fresh cracked wheat in a Lebanese mint and dill mayo mix

- **PASTA SALAD** 140
Mixed pasta and julienned vegetables served in a tangy pesto and olive oil dressing
- **ASIAN CHICKEN SALAD** 140
Grilled chicken, sprouts and shredded cabbage on a bed of rocket leaves served with a soy, balsamic and sesame oil dressing
- **CAESAR SALAD WITH GRILLED CHICKEN** 140
Crisp farm fresh romaine and arugula lettuce, parmesan cheese and chicken served with our house special Caesar's dressing
- **TANDOORI CHICKEN SALAD** 140
Oven roasted tandoori chicken, napa cabbage and shredded carrots topped with cilantro and crispy noodles served with our in-house minty yogurt dressing
- **FARMHOUSE SALAD** 150
Mixed meat salad with arugula and romaine lettuce, tomato, cheddar, cucumber, olives, and burnt garlic served with dijon mayo
- **TUNA NICOISE SALAD** 150
Tuna, bean and egg salad on a bed of our mixed house lettuce with our in-house cocktail dressing

SANDWICHES

- CHUNKY HUMMUS & BELL PEPPER 110
Chick pea and bell pepper hummus with sundried tomatoes and iceberg and arugula lettuce
- GRILLED AUBERGINE & TOMATO 120
Cream cheese, oven baked aubergine and tomato, rocket lettuce and pickles
- LEBANESE FALAFEL & HUMMUS 120
Chick peas, red pepper, dates and herbed falafel, hummus, tomato, coriander and gherkins with crunchy rocket lettuce
- MEXICAN POTATO 120
Fresh romaine, sour cream and jalapeno served with a spicy potato and corn mix
- TANDOORI PANEER 120
Chargrilled cottage cheese and peppers served on a bed of iceberg lettuce with coriander
- BASIL RUBBED COTTAGE CHEESE 130
Pickled cabbage, olive tepenade, basil and lemon grilled cottage cheese and fresh rocket lettuce
- CHEDDAR, PICKLE & TOMATO 130
Young English cheddar, plum tomato and basil with mixed in house pickles and mustard on crisp romaine
- JALAPENO HUMMUS & FETA 130
Jalapeno and Cajun spice hummus, roasted peppers, feta, olives and romaine
- MUSHROOM & OLIVE TAPENADE 130
Grilled mushroom, fresh basil, garlic and mixed olive tapenade with pimento and iceberg and romaine lettuce
- PANINARO CREAM CHEESE 130
Jalapenos, sundried tomatoes, pan fried spinach, gherkins and cream cheese with garlic chives
- MOZZARELLA, CHARGRILLED PEPPERS & ZUCCHINI 140
Fresh Mozzarella cheese, chargrilled peppers and zucchini, lettuce, gherkins, fresh tomato and a tangy cocktail dressing
- PICKLED CABBAGE, OLIVES & FETA 140
Feta, olive tapenade, pickled red and white cabbage, basil and fresh arugula lettuce

SANDWICHES

- EGG & MUSTARD MAYO 120
Crisp rocket, egg salad and our in house mustard with garlic chives and pickles
- GRILLED LEMON & CORIANDER CHICKEN 130
Grilled lemon and coriander chicken strips served with caramelized onions and a mint spread on crisp iceberg and rocket lettuce
- BALSAMIC CHICKEN & PESTO 140
Balsamic roast chicken, rocket lettuce, tomato and gherkins
- ROAST BEEF & CRISPY ONION 140
Oven roasted beef tenderloin, browned onion, rocket lettuce with our in house mustard and pickles
- SMOKED CHICKEN, TOMATO & PESTO 140
Smoked chicken 'n' pepper slices, tomato, fresh pine nut pesto and basil with crisp romaine lettuce
- SMOKED HAM & EGG 140
Sliced ham, raddish, "Paninaro" egg salad, rocket and dijon mayo
- TANDOORI CHICKEN 140
Tandoori chicken, chutney and pickled onion with iceberg lettuce
- THAI BASIL & CHILLI CHICKEN 140
Grilled Thai chicken, basil, pimento, aubergine and rocket lettuce
- CHIPOTLE CHICKEN & JALAPENO HUMMUS 150
Spicy chicken, jalapeno and Cajun hummus, plum tomato, mixed lettuce and a chipotle mayo
- MOROCCAN LAMB 150
Succulent Morrocan lamb, pickles, romaine, oven dried tomato and bell peppers
- PASTRAMI & CHEDDAR 150
Thinly sliced pastrami, tomato, pickled cabbage, cheddar and romaine

BAGUETTES

- MEXICAN BEAN & COTTAGE CHEESE 90
Refried beans, parmesan, onions, crumbled cottage cheese with a Mexican salsa
- CAPRESE 100
Fresh tomato, bocconcini and fresh basil drizzled with olive oil and balsamic vinegar
- CHICKEN CAESAR 100
Romaine, grilled chicken and parmesan with a classic Caesar dressing
- HAM & CHEESE 100
Smoked ham, cheese and tomato with mixed lettuce and a balsamic drizzle

BAGELS

- DESI BY DESIGN 80
Tandoori paneer salad with a sweet difference
- FETA, OLIVES & CARAMELIZED ONIONS 90
- PICKLED MOZZARELLA, GRILLED VEGETABLES & ROMAINE 100
- BASIL RUBBED CHICKEN & PESTO 100

- LEMON & CORIANDER CHICKEN 100
- SMOKED HAM, CHEESE & GHERKIN 100
Smoked ham, cheese spread and gherkin with an olive tepenade and a mustard mayo

PANINIS

- GRILLED EXOTICS, CHEESE & BURNT GARLIC 120
- HUMMUS & GRILLED PEPPERS WITH PICKLES 120
- SHROOM 'N BLOOM 120
Grilled mushroom, tomato, jalapeno and cheese
- TANDOORI PANEER & MINTY MAYO 120
- CAJUN CHICKEN 130
Grilled Cajun chicken, sautéed baby spinach and a spicy tomato and basil salsa
- CHICKEN TIKKA & MINTY MAYO 130
- ROAST BEEF, DIJON & CARAMELIZED ONIONS 130
- SMOKED HAM, PICKLES & MUSTARD 130
Sliced smoked ham, gherkins and jalapeno with our in house mustard

SIDES & DIPS

- BAKED CRISPS 30
- BABAGANOUSH WITH PITA 70
- CHILLI CORIANDER HUMMUS WITH LAVASH 70
- DILL & GARLIC DIP WITH SESAME CHEESE STICKS 70
- ONION & GARLIC DIP WITH NACHOS 70
- SPINACH & CREAM CHEESE WITH CRISP FOCACCIA 70
- MUSHROOM & OLIVE WITH HERBED MELBA TOAST 80
- SUNDRIED TOMATO, JALAPENO & PICKLE WITH WHEAT LAVASH 80

SPECIALS

- SOUP OF THE DAY 90
- PANINARO SLIM™ SANDWICHES 120
- PANINARO SLIM™ SANDWICHES 140

Please see our Specials Board for more options. Be sure to ask for our freshly baked in-house breads.

DESSERTS

- GRANOLA YOGURT 80
- CHEESECAKE WITH SEASONAL FRUIT 90
- VANILLA & RAISIN MUFFIN 40
- CHOCO CHIP MUFFIN 50
- CARROT CAKE 60
- CHOCOLATE & WALNUT BROWNIE 60
- CHOCOLATE TART 70
- LEMON TART 70
- APPLE PIE 80
- CHOCOLATE MOUSSE 80
- FUDGY CHOCOLATE 80
- TIRAMISU 80
- TRUFFLE PASTRY 90

BEVERAGES

MINERAL WATER	35
AERATED BEVERAGES	50
JUICES	50
ENGLISH BREAKFAST TEA	60
FLAVOURED TEA	60
GREEN TEA	60
ICED TEA	60
COLD COFFEE	70
ESPRESSO	70
AMERICANO	80
CAFE LATTE	80
CAPPUCCINO	80
PROBIOTIC DRINK	20
BANANA SMOOTHIE	100
MIXED BERRY SMOOTHIE	100