

.....Body Therapies.....

Recommended Once a month



Very High Selling!



- I. Body Polish
- II. Aromatherapy Massage
- III. Steam



- I. Facial & Vacuuming
- II. Body Polish
- III. Massage Choice
- IV. Steam

1. **Sunrise Body Rejuvenation**

Body Polish, Swedish Massage, Steam

In this therapy, the body is polished and scrubbed first to remove surface toxins and dead cells and then a deeply relaxing massage with the our proprietary balm is given to ensure drainage of internal toxins and increasing the blood supply.

2. **The Full Body Makeover!** (120 min, INR 3990)

Face Cleaning and vacuuming, Body Polish, Relax.Aroma massage with proprietary Balm, Steam

Pollution and stress levels in the fast city life, take a toll on our skin and body. It becomes necessary to detox, polish the skin to remove dead cells and impurities and get the blood flowing through our bodies.

The aim of this ritual is to impart to you total rejuvenation. It starts with Cleaning of the face followed by Vacuuming and Green Tea Extract Massage.

The body is then polished and scrubbed first to remove surface toxins and dead cells.

A deeply relaxing massage of your choice with our proprietary balm is given to ensure drainage of internal toxins and increasing the blood supply.

This therapy will promote Release of toxins from the deep layers of the skin, exfoliation of the skin surface, Deep muscle and tissue relaxation, Alleviate stress, Improve Circulation and calm the psyche.

You will leave the therapy room Refreshed and Revived.....Guaranteed !

Add a detoxifying body wrap

(30 min)

.....*Massage Therapies*.....

Recommended Whenever You Feel Stressed



High Selling!



1. **Calming Lava**

(60 min - 2390, 90 min, INR 2990 - 120 min, INR 3690)

When one really needs to relax the muscles and calm the mind, this is the massage to choose. Your muscles are first relaxed using aromatic lotion and Light strokes. Subsequently natural Basalt, heated stones are used to deeply heat the relaxed muscles and open clogged chakras. This therapy will promote Deep muscle and tissue relaxation, Alleviate stress, release toxins, Improve Circulation and calm the psyche.

This treatment really has the *Feel Good Factor!*

2. **Rejuvenate - Deep Tissue Bamboo**

(60 min - 2390, 90 min, INR 2990 - 120 min, INR 3690)

Your body and soul are made one by Effleurage and then the Therapist Uses various strokes of Swedish Massage that warm up and work the muscle tissue, releasing tension and breaking up muscle "knots." Warm Bamboo's are then used to relax the deeper layers. At this stage, If you need deeper pressure please do let the therapist know.

You will leave the therapy room Refreshed and Revived.....Guaranteed

3. **Feel like flying - Royal Thai Massage**

(60 min - 2390, 90 min, INR 2990 - 120 min, INR 3690)

When one is physically very tired this is the massage to go for. Our well trained therapists will ensure that all parts and muscles of your body are first embalmed with our proprietary deep relaxation balm and then stretched and deeply relaxed.

Once the massage is over you will feel like a new day!



Highest Selling!

